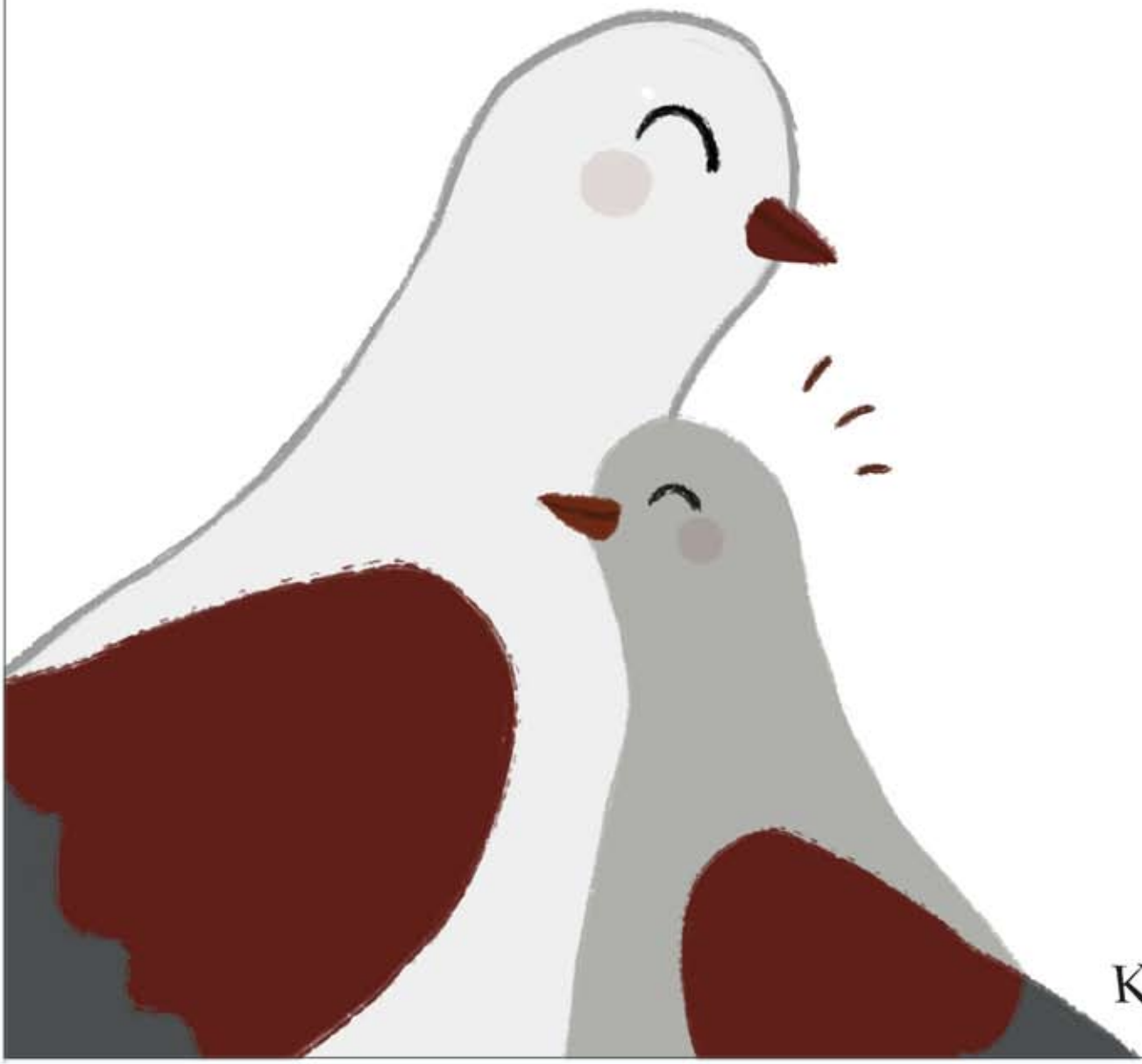
KEY #4

CHOOSE WORDS THAT HELP INSTEAD OF HURT

("I FEEL MAD WHEN YOU ..." INSTEAD OF "I HATE IT WHEN YOU ...")

It's okay to be mad,
but it's not okay to be mean.



Kimochis