

APPENDIX H: KIMOCHIS® EDUCATOR'S TOOL KIT CHECKLIST FOR EDUCATORS/PROFESSIONALS

Teacher: _____ Grade: _____ Date: _____

How frequently do your students engage in these behaviors?

1 = Almost never 2 = Once in a while 3 = Occasionally 4 = Usually 5 = Almost always

	1	2	3	4	5
Demonstrate Self-Awareness & Self-Management Skills					
Students use feeling vocabulary beyond "happy," "mad," "sad"					
Students use a calm tone of voice and facial expression in emotional situations					
Students use words that help rather than hurt in conflict situations					
Students understand when and how to redo hurtful moments with adult help					
Students use nonverbal strategies to avoid conflict (i.e., put hands up to say "stop")					
Students use a calming strategy when experiencing upset emotions					
Students stick with challenges with minimal adult help					
Students know how to calm self when too silly or excited					
Students can get themselves included in play and/or conversation					
Demonstrate Social Awareness & Age-Appropriate Relationship Skills					
Students use person's name and appropriate greeting based on social context					
Students understand others' feeling based on facial expression/body language					
Students try to work out problems with others before getting adult help					
Students include classmates in play, games, and/or conversation					
Students demonstrate positive expressions of pride in self and others					
Teacher Observations					
How frequently does my instruction time go smoothly due to cooperation and other positive student behaviors?					
How frequently do my students work as a cooperative, caring community?					
How frequently do my students return to class ready to learn?					
Additional comments or observations:					

APPENDIX I: KIMOCHIS® CLASSROOM CLIMATE SURVEY*

Based on your perceptions, please respond to the statements below according to the following scale :
*NOTE: To be completed at the end of the Kimochis® curriculum.

- 1 = Strongly Disagree
2 = Disagree
3 = Neither Agree or Disagree
4 = Agree
5 = Strongly Agree

SCORE

1. Kimochis® has facilitated social-emotional learning in my classroom	
2. Kimochis® has helped create an environment conducive to learning	
3. Kimochis® has helped my students understand their emotions	
4. Kimochis® has helped my students develop positive relationships	
5. Kimochis® has helped my students manage conflicts	
6. Kimochis® has helped my students with their friendships in the classroom	

Additional observations:

APPENDIX J: KIMOCHIS® COMMUNICATION SCALE FOR PARENTS

Teacher: _____ Grade: _____ Date: _____

How frequently does your child engage in these behaviors?

1 = Almost never 2 = Once in a while 3 = Occasionally 4 = Usually 5 = Almost always

	1	2	3	4	5
Demonstrate Self-Awareness & Self-Management Skills					
Child uses feeling vocabulary beyond "happy," "mad," "sad"					
Child uses a calm tone of voice and facial expression in emotional situations					
Child uses words that help rather than hurt in conflict situations					
Child can make an apology and/or redo hurtful moments					
Child uses a calming strategy when experiencing upset emotions					
Child sticks with challenges when frustrated or upset					
Child knows how to calm self when too silly or excited					
Child can get himself/herself included in play and/or conversation					
Demonstrate Social Awareness & Age-Appropriate Relationship Skills					
Child uses person's name and appropriate greeting based on social context					
Child understands others' feeling based on facial expression/body language					
Child tries to work out problems with positive communication rather than using upsetting behavior					
Child includes peers in play, games, and/or conversation					
Child demonstrates positive expressions of pride in self and others					
Parent Observations					
How frequently does my child use a negative behavior when feeling upset?					
How frequently do I worry about taking my child places for fear of negative behavior?					
How frequently does my child talk to me about his/her positive and negative feelings?					
How frequently do I notice that my child is enjoying his/her school experience?					
Additional comments or observations:					