Day 1: Kimochis® Early Childhood Curriculum Training

This training will provide best practices for utilizing all the Kimochis Early Childhood Tool Kits, using the Tier Intervention model. Parent Education will be integrated into this training day to ensure school and home speak the same language, raising positive outcomes for academic, social and emotional functioning.

9:00 - 10:00am	Parent Engagement Back to School Kimochis Kick-Off End of Year with Kindergarten Teachers
10:00 - 10:30am	Cherry Pick and Plan Popcorn Style
10:30 - 10:45am	Break
10:45 - 12:00pm	Tier 1 with Kimochis in the Kindergarten Classroom
12:00 - 12:30pm	Lunch
12:30 - 1:45pm	Tier 1 continued (Kimochis in the Kindergarten Classroom)
1:45 - 2:00pm	Break
2:00 - 2:30pm	Tier 2 with Kimochis Small Social Skill Groups
2:30 - 3:00pm	Tier 3 with Kimochis One-on-One

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Day 2: Kimochis® Activity Guide for Mental Health Professionals

This training will provide best practices for utilizing the Mixed Bag of Feelings (pillows), using the Positive Intervention Behavior Supports (PBIS) framework.

9:00 - 10:30am	Using the new Kimochis Activity Guide for the Mental Health Professional, Tier Intervention Model With Dr. Jill Kristal and Ellen Pritchard Dodge, M.Ed CCC-SLP
10:30 - 10:45am	Break
10:45 - 11:30am	Continued, Using the new Kimochis Activity Guide
11:30 - 12:00pm	Kimochis Feeling Pillows Activities – Providing support for dealing with traumatic grief With Dr. Jill Kristal Q & A with Dr. Jill Kristal
12:00 - 12:30pm	Lunch
12:30 - 1:45pm	Kimochis Feeling Pillows – Using the bowl of feelings to promote student resiliency and positive behavior as well as for parent consultation and supports
1:45 - 2:00pm	Break

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2:00 - 3:00pm	Communication Commercials – Creating 5-7 minute ”commercials” for prevention and intervention of social and emotional issues

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Day 3: Kimochis® Hero Military Training to support children and their families, emotionally, through the cycles of deployment.

This training will provide best practices for utilizing the Kimochis Activity Kit for Military Families using the Tier Intervention model. Parent Education will be integrated into this training day to ensure school and home speak the same language, raising positive outcomes for academic, social and emotional wellbeing.

9:00 - 9:30am	Kick-off with Dr. Pisano • The story behind the development of the Hero Tool Kit • Dr. Pisano's experience and high-level suggestions for use
9:30 - 10:30am	Opening up the Hero Kit with Dr. Pisano • Meet Hero • The Nesting Heart • *Hero's Big Adventure* picture book • Feelings • Kimochis Activity Curriculum walk thru with Ellen
10:30 - 10:45am	Break
10:45 - 12:00pm	Using Hero as emotional prevention and intervention support thru the cycles of deployment using Tier Intervention Model Learn what is happening emotionally during each stage of deployment, plus home run activities for:

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- Before a service member leaves for duty
- While a service member is away on duty
- When a service member has a short break from duty
- Anticipation before a service member returns home from duty
- After a service member returns home from duty

12:00 - 12:30pm	Lunch
12:30 - 1:00pm	Simulation of a Hero parent training with Ellen and Dr. Pisano
1:00 - 1:30pm	Getting ready to demonstrate Kimochis in the classroom
1:30 - 3:00pm	Kimochis Lab: Using Kimochis Tools in the classroom with reflective questions

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Day 4: Kimochis® Social-Emotional Lab Day

Participants will experience a full day of planning and practice, to activate the Train the Trainer model to support and sustain a PBIS model using Kimochis® Social Emotional Learning curriculum and tools. Participants will know what their next steps are for providing:

- Early Childhood Training
- Mental Health Feeling Bag Training
- Hero Military Family Kit Training
- Parent Engagement

Data and outcomes will be determined so that effectiveness can be documented and duplicated.

Participants and trainer will co-create a plan for ongoing support to the ISS Team for the upcoming school year.

9:00 - 10:00am	Reflection from Day in Kindergarten: Moving Forward Steps Activity: My very favorite Kimochis lessons for • Parent Engagement • Top Tier 1 • Top Tier 2 • Top Tier 3
10:00 - 10:30am	Train the Trainer Model: List all the doable avenues to train mental health team; Data and outcome brainstorm
10:30 - 10:4 am	Break

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10:45 - 12:00pm Activity: The Kimochis trainer and ISS team member will use the Southeast District Professional Learning Lesson Planning Form to create a systematic and sustainable Train the Trainer program to deliver:

- Kimochis® Early Childhood Tool Kit Training
- Hero Military Activity Kit Training
- Kimochis® Activity Guide for the Mental Health Professional Training

12:00 - 12:3 pm Lunch

12:30 - 1:45pm First Days of School with Kimochis 2018-19:
Kindergarten Teachers supports;
Parent supports

1:45 - 2:00pm Break

2:00 - 3:00pm Kimochis Wrap Up:

- Commitments for 2018-19 school year
- Ongoing Train the Trainer support
- Evaluation of training

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