

Behaviors at a Glance (Grades 1-5)



FOR STUDENTS WHO NEED HELP BEING INCLUSIVE

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Be inclusive	ECE Left Out 1, 2	90
	ECE Happy 1, 5	74
	Brave: Compassionate and Kind 1	157
	Left Out: Compassionate and Kind 3, 4	170, 171
Get self included	Left Out: Resilient 2	167
	ECE Left Out 1	90

FOR STUDENTS WHO NEED HELP MANAGING EXCLUSION

WHAT TO SAY AND DO WHEN ...	LESSON	PAGE
Excluded	ECE Mad 3	82
	Left Out: Resilient 1	165
Pressured to exclude others	Left Out: Responsible 2	164
Student is worried he will be excluded again	Left Out: Resilient 3	168

FOR STUDENTS WHO NEED HELP WITH TEASING

WHAT TO SAY AND DO WHEN ...	LESSON	PAGE
Teased	Key 3: Activity 6	35
	Sad: Resilient 2	137
	Brave: Respectful 2	150
Silliness is hurtful	Silly: Compassionate and Kind 1	180
Observing teasing	Silly: Compassionate and Kind 2, 3	180, 181

FOR STUDENTS WHO NEED HELP WITH BOSSINESS

WHAT TO SAY AND DO WHEN ...	LESSON	PAGE
Friends boss or yell	Key 2: Activity 2	31
	ECE Cranky 2	106
Student uses bossy talk	ECE Cranky 1	106
	Cranky: Responsible 1	205

FOR STUDENTS WHO NEED HELP HANDLING HURTFUL BEHAVIOR

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Deal with getting a mean look	Key 3: Activity 3	34
Re-do a hurtful moment	Mad: Responsible 4	144
When friends brag	Proud: Respectful 1	221
Respond to bragging	Proud: Resilient 1	222

FOR STUDENTS WHO NEED HELP WITH IMPULSIVE BEHAVIOR

WHAT TO SAY AND DO WHEN ...	LESSON	PAGE
Accidentally speaking before thinking	Proud: Resilient 1	222
Friends make unsafe choices	Curious: Responsible 1	197
Friends distract others	ECE Silly 3	94
	ECE Silly 1	94
Friends get too silly and/or rough	ECE Frustrated 3	98
	Silly: Respectful 1, 2	176, 177
	ECE Silly 2	94
Students get too close	Silly: Responsible 2	178
Students get too silly	Silly: Respectful 2	177
Friends need to calm down	Silly: Compassionate and Kind 1	180

FOR STUDENTS WHO NEED HELP STANDING UP FOR SELF

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Find your voice and set a boundary	Key 3; Activity 5	35
	Mad: Responsible 2	143
Recover after given a mean look	Key 3: Activity 3	34
Respond when someone grabs	Mad: Responsible 5	144
Be assertive when silliness gets hurtful	Silly: Compassionate and Kind 3	181
Comfort self when feeling negative emotions	ECE Sad 2	78
Send a strong, serious message	Mad: Responsible 2	143
Express opinions and beliefs	Happy: Respectful 1	126
Signal that teasing is not funny	Silly: Compassionate and Kind 3	181

FOR STUDENTS WHO NEED HELP STANDING UP FOR OTHERS

WHAT TO SAY AND DO WHEN ...	LESSON	PAGE
Witnessing exclusion	Left Out: Responsible 1	164
Pressured to exclude others	Left Out: Responsible 2	164
Friends need comfort or encouragement	Hopeful: Compassionate and Kind 2, 3	215
Observing teasing	Silly: Compassionate and Kind 2	180
Friend is shut down by other's bragging	Proud: Compassionate and Kind 3	224

FOR STUDENTS WHO NEED HELP SHARING EXPERIENCES WITH OTHERS

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Wait for a friend	ECE Happy 2	74
Share with friends	ECE Happy 3	74
Celebrate a friend's accomplishments	Proud: Responsible 1	221
	Proud: Compassionate and Kind 1, 2	223
Celebrate your own accomplishments	Proud: Compassionate and Kind 2	223
Give and receive compliments	Happy: Compassionate and Kind 2	129
	Proud: Responsible 1	221
	ECE Proud 1, 2	114
Encourage friends when feeling sad/bad/mad	ECE Hopeful 1	110

FOR STUDENTS WHO NEED HELP PROBLEM-SOLVING

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Calm and manage anger	Mad: Respectful 1	142
	Mad: Responsibility 1, 2	142, 143
Use a talking tone of voice	Key 2: Activity 1	30
Manage friends who cut in line, block your view	Key 1: Activity 5	29
	ECE Frustrated 1, 2	98
Manage friends who get too close	ECE Frustrated 3	98
Manage friends who don't share toys/materials	ECE Happy 1	74
	ECE Mad 2	82
Manage friends who grab or take things from you	Key 3: Activity 4	34
	ECE Mad 4	82
Manage friends who don't take turns	ECE Mad 1	82
Manage friends who hug too much	ECE Frustrated 4	99
Handle yourself when feelings get the best of you	Key 5: Activity 2	39

FOR STUDENTS WHO NEED HELP PROBLEM SOLVING (CONTINUED)

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Not take things personally	Happy: Resilient 1	127
	Curious: Respectful 1	196
Manage unkindness	Key 2: Activity 2	31
Politely decline comfort or help from friends	Sad: Respect 1	134
	Mad: Compassionate and Kind 1	145
Use self-talk to manage frustration/difficulties	Hopeful: Resilient 1	214
Use tools to manage sadness	ECE Sad 2	78
Make choices that support learning	Silly: Responsible 1	177
Help friends make safe and kind choices	ECE Curious 2	102
Manage moods	Cranky: Resilient 1	205
	Hopeful: Resilient 2	214

FOR STUDENTS WHO NEED HELP AT PLAY

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Gain attention in a positive way before speaking	Key 1: Activity 3	28
Read body language to keep play positive	Silly: Resilient 2	179
Manage friends who play too rough or silly	ECE Silly 1	94
	Silly: Resilient 1	179
Be creative and imaginative in play	ECE Curious 1	102
Play safe and kind	ECE Curious 2	102
Be kind and friendly and share	ECE Happy 3	74
Take turns	ECE Happy 4	74
Wait for friends	ECE Happy 2	74
Keep play fun for everyone	Curious: Respectful 1	196
Appreciate kindness	ECE Proud 2	114
Encourage friends	ECE Hopeful 1	110
	Hopeful Compassionate and Kind 2	215

FOR STUDENTS WHO NEED HELP WORKING IN PARTNERS

WHAT TO SAY AND DO WHEN ...	LESSON	PAGE
Choosing partners	Left Out: Respectful 2	162
Assigned a partner you might not want to be with	Left Out: Respectful 1	162

FOR STUDENTS WHO NEED HELP ASKING FOR HELP

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Get adult help	Brave: Compassionate and Kind 2	157
	ECE Sad 3	78
Tell, not tattle	Left Out: Resilient 1	165

FOR STUDENTS WHO NEED HELP TRYING NEW THINGS

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Use optimistic self-talk	Happy: Resilient 1	127
	Mad: Resilient 1	145
	Sad: Responsible 1	135
	Hopeful: Resilient 1	214
Try new things when feeling reluctant	ECE Brave 1	86
Persevere when frustrated	Frustrated: Resilient 1, 2, 3	188, 189, 190
Recover after making mistakes	Frustrated: Resilient 4	190

FOR STUDENTS WHO NEED HELP APOLOGIZING

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Listen to how you may have created hurt feelings	Key 4: Activity 3	37
	Key 5: Activity 1	38
	Key 5: Activity 3	40
	Mad: Responsible 4	144
	Sad: Responsible 2	136
	Silly: Compassionate and Kind 4	181
Deal with insincere apologies	Curious: Resilient 1	198
	Key 6: Activity 2	41

FOR STUDENTS WHO NEED HELP FORGIVING

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Forgive	Key 6: Activity 1	41
	Brave: Resilient 2	155

FOR STUDENTS WHO NEED HELP WITH NONVERBAL LANGUAGE

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Read body language	Key 3: Activity 2	32
	Frustrated: Responsible 2	187
Use facial expression that matches feeling	Key 3: Activity 2	32
	Frustrated: Responsible 3	188

FOR STUDENTS WHO NEED HELP UNDERSTANDING AND EXPRESSING FEELINGS

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Name a feeling	Frustrated: Responsible 1	186
Recognize mixed feelings	Sad: Resilient 1	136
Consider others' feelings	Happy: Responsibility 1	126
Share feelings	ECE Sad 2, 3	78
verify that you are understanding others feelings	Key 3: Activity 2	32
Show compassion when you see upset feelings	Happy: Compassionate and Kind 1	129
	Mad: Compassionate and Kind 3	146
	Frustrated: Compassionate and Kind 1	191
Choose a better attitude, assume the best	Key 3: Activity 1	32
	Left Out: Resilient 3	168
Listen to friends' upset feelings toward you	Mad: Compassionate and Kind 2	145
Request privacy and alone time	Hopeful: Respect 1	212
Choose hopeful thoughts	Hopeful: Responsible 1	213
Offer comfort and support to a friend	ECE Sad 1	78
	Hopeful: Compassionate and Kind 1	215

FOR STUDENTS WHO NEED HELP BEING HONEST

WHAT TO SAY AND DO TO ...	LESSON	PAGE
Answer honestly	ECE Brave 2	86
	Brave: Responsible 1	151
Admit your mistakes	Brave: Responsible 2	152
Recover after telling a lie	Brave: Responsible 3	153

FOR STUDENTS WHO NEED HELP BEING TOLERANT

WHAT TO SAY AND DO TO BE ...	LESSON	PAGE
Tolerant and understanding	Key 7: Activity 1	42
Considerate of and interested in others	Curious: Compassionate and Kind 1, 2	199
Kind/respectful when others feel emotional	Cranky: Compassionate and Kind 1, 2	206, 207