

Lesson 2: Use Your Eyes and Ears to Be Kind

OBJECTIVE: Children will use their eyes and ears to see and hear when others need help getting included.

CHARACTER PRINCIPLE: Be Compassionate and Kind

SEL COMPETENCY: Social Awareness

MATERIALS: Ball, Bug with wings tucked in back and with Happy, Scared, Shy, and Left Out Feelings tucked in pouch

1. Tell the children that Bug likes it when his Kimochis® friends say, *“Hi, Bug. Do you want to play with us?”*
2. Ask children to say in unison, *“Hi, Bug. Do you want to play?”*
3. Pull Bug’s wings out. Make him say, *“Sure, I’d love to play.”* Have a child pull the Happy Feeling from Bug’s pouch. Ask children, *“Why does Bug feel happy?”*
4. Tell children, *“Today, we are going to learn how to be kind. We can use our eyes to see and our ears to hear when someone wants to play. It makes our friends feel happy when we ask them to play.”*
5. Pull three name sticks. Ask these three children to stand in a circle and pass a ball to one another. Pull another name stick. Have the fourth child hold Bug, approach the group, and stand nearby.
6. Show how to use your eyes and ears to notice others and how to use your body to welcome others to join. Turn your body toward the child holding Bug, make eye contact, and say, *“Hi, Bug. Do you want to play?”* Prompt the child to say, *“Sure.”*
7. Pull a name stick and have this child hold Bug and stand outside the circle. Have the child who just joined the circle turn and invite the child holding Bug to play: *“Hi, Bug. Do you want to play?”* Continue adding this way until all children are included in the play circle.

Lesson 3: Joining and Including Others—Puppet Shows

OBJECTIVE: Children will demonstrate the ability to include others who are feeling left out.

CHARACTER PRINCIPLE: Be Compassionate and Kind

SEL COMPETENCY: Social Awareness

MATERIALS: Cat with Shy Feeling tucked in pouch, Bug with Kind Feeling tucked in pouch, Cloud with Friendly Feeling tucked in pouch

1. Say, *“Today, we are going to create Kimochis® puppet shows to practice taking the time to be kind and friendly and to include others in play.”* Show the Kind and Friendly Feelings.
2. With the children, select a play station in the room, such as the playhouse, toy area, book section, art station.
3. Pull two name sticks. Send those two children with Bug (Kind Feeling tucked in pouch) and Cloud (Friendly Feeling tucked in pouch) to the selected play area.
4. Pull another name stick. Have that child take Cat (Shy Feeling tucked in pouch) and stand near Bug and Cloud. Prompt the children holding Bug and Cloud to be kind and inclusive by saying, *“Hi, Cat. Do you want to play?”* Ask each child to pull the Feelings from the Characters and tell why the Characters feel that way. Ask the other children to cheer for the Kimochis® Characters who included Cat.
5. Continue pulling name sticks to give different children turns playing the different roles. You can vary the Characters (add Lovey Dove and Huggtopus, so they don’t feel left out!) and the stations around the room if there is time.