

Lesson 2: Lovey Dove's Proud Nest

OBJECTIVE: Children will respond graciously to others' appreciation of their abilities and accomplishments.

CHARACTER PRINCIPLE: Be Compassionate and Kind

SEL COMPETENCY: Relationship Skills

VOCABULARY: "Thank you"

MATERIALS: Lovey Dove with Proud Feeling tucked in pouch

1. Say, "Today, we are going to learn to say thank you and feel good about ourselves when someone gives us a compliment. A compliment is when someone says something nice about you. A compliment is something you can feel proud about. When we hear a compliment, it is polite to say, 'Thank you.'"
2. Put Lovey Dove with Proud Feeling tucked in pouch in the middle of the circle. Tell the children that the circle is Lovey's make-believe nest.
3. Pull a name stick for a child to join Lovey Dove in her nest, then say a positive statement about that child's values (such as patience, perseverance, tolerance, kindness, resiliency): "I notice how kind you are when you share toys with your friends."
4. Prompt the child to make eye contact with you and reply, "Thank you."
5. Pull more name sticks to give every child a turn. Compliment them on such values as patience, perseverance, tolerance, compassion, kindness, and resiliency. Children can also give compliments to each other.
6. Wrap up by sharing that everyone has important reasons to feel proud inside. Recognize their ability to thank someone who gives them a compliment that makes them feel proud.

Lesson 3: Name It!

OBJECTIVE: Children will demonstrate appreciation, pride, and respect for differences.

CHARACTER PRINCIPLES: Be Respectful, Be Compassionate and Kind

SEL COMPETENCIES: Self-Management, Social Awareness

VOCABULARY: "Name it," unique

MATERIALS: Huggtopus with Proud and Shy Feelings tucked in pouch.

1. Count Huggtopus's legs with the children. Ask, "Is Huggtopus different from other octopuses?"
2. Say, "Huggs knows it is okay to be different from other octopuses." Ask, "How does she feel about being different?" Pull a name stick. Have that child pull the Proud Feeling from Huggs's pouch. Say, "She feels proud as that is the way she was born. She was born with six legs, and she feels good inside about being different from other octopuses. That is what makes her unique. Being unique is a good thing!"
3. Pull another name stick. Have that child pull the Shy Feeling from Huggs's pouch. Say, "Huggs is proud she is unique or different, but she also feels shy. You can feel proud and shy at the same time." (Put the feeling pillows together to show this concept.) Ask, "Why might Huggs feel shy that she is different?" The children will talk about how people may say something.
4. Say, "Today, Huggtopus is going to teach us a tool called 'Name it,' which means telling people how you are different, so we can feel proud of who we are and know what to say and do with our shy feelings."
5. Have Huggtopus tell you or another grown-up, "I have six legs." Respond with a friendly voice and face and say, "Oh, that's cool. Want to go play?"