



# WEEK 10: KEY 5

## BUG TEACHES HOW TO REDO HURTFUL MOMENTS

### WHY KEY 5 IS IMPORTANT

Everyone makes communication mistakes. Although younger children may not always realize when they have said or done something wrong, they need to understand why it's important to apologize. Learning the words "I'm sorry" comes faster than the genuine feeling behind it (Severe 2004). As children develop the ability to take the perspective of someone else (between ages 3 and 4), their apology skills will improve. Cat's bandages can help young children understand that hurt feelings are like an injury that needs attention. The bandages help children "see" the importance of an apology and make simple amends. Children who can learn to redo communication mistakes will have healthy and successful social relationships.

### Lesson 1: Bug Teaches How to Redo Hurtful Moments

**OBJECTIVE:** Children will understand what it means to "redo" a hurtful moment.

**CHARACTER PRINCIPLE:** Be Resilient

**SEL COMPETENCY:** Responsible Decision-Making

**VOCABULARY:** "Sorry," mistake, redo, accidentally, Fighting Face/Voice/Words/Actions

**MATERIALS:** Cloud with Sad and Hurt Feelings tucked in pouch, Cat with Sorry Feeling tucked in pouch, Bug with Kind Feeling tucked in pouch

1. Draw a picture of a house on the whiteboard. Draw the door on the roof "by accident." Use an exaggerated face and voice to say, *"Oops, I made a mistake. I will erase and redo the door."*
2. Ask the children what you did (made a mistake, erased, and redid).
3. Tell children that everybody makes mistakes. Say, *"We can redo the way we treat our friends if we make a mistake and forget to be kind."*
4. Say, *"Today, Bug is going to teach us how to redo a moment if we hurt feelings by accidentally using a Fighting Face, Voice, Words, or Actions."* (Use gestures to demonstrate each of these as you say them.)
5. Using a Fighting Voice, Face, and Body, make Cat say, *"That's mine"* to Cloud. Ask children how they think this made Cloud feel. Pull a name stick for a child to pull the Sad and Hurt Feelings from Cloud's pouch. Say, *"Yes, he felt sad and hurt."*
6. Pull another name stick for a child to pull the Kind Feeling from Bug. Make Bug say, *"Cat, be brave and kind and redo that moment. You accidentally hurt Cloud's feelings."*
7. Pull a name stick. Have child pull the Sorry Feeling from Cat's pouch. Have that child help Cat redo the moment kindly by making Cat say, *"I'm sorry."*
8. Give more turns with this role-play.